

## 聯安診所健康檢查專案

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類別 Items	檢查項目 Examination Items	A	B	C	D	E	可瞭解症狀 Information
一般 檢查 General Examination	身高、體重、體溫、脈搏、呼吸、血壓、腰圍 Height, Body Weight, Body Temperature, Pulse Rate, Respiratory Rate, Blood Pressure, Waistline	☆	☆	☆	☆	☆	瞭解身體基本功能是否正常 Basic body function analysis.
	體脂肪率 Body Fat Composition	☆	☆	☆	☆	☆	體脂肪測量得知： (1)身體組成分析：脂肪率、脂肪量、除脂肪量、肌肉量、體水份量 (2)體型判斷：依不同體型而給予飲食及運動建議 (1) Degree of obesity. (2) Body fat, muscle, body fluid ratio, etc.
	理學檢查：頭頸部、呼吸系統、心臟血管系統、消化系統、神經系統、肌肉骨骼、皮膚 Physical Examination(including head and neck, respiratory system, cardiovascular system, digestive system, nervous system, musculoskeletal system and skin)	☆	☆	☆	☆	☆	甲狀腺、淋巴腺、下肢水腫、心雜音、氣喘 General physical analysis.To detect signs of disease and anatomical abnormalities.
	身體質量指數(BMI) Body Mass Index	☆	☆	☆	☆	☆	利用身高與體重之比例推估個人體重是否標準 A numerical computation regarding height and weight.
眼科 Ophthalmology	眼底彩色攝影 Ocular fundus photography	☆	△	△	△	△	視網膜病變、視神經病變 Check retinopathy, optic neuropathy.
	光學眼底斷層掃描 (含眼底彩色攝影) Optical coherence tomography (including fundus color photography)		▲	▲	▲	▲	黃斑部病變、視網膜病變、視神經病變 Check macular degeneration, retinopathy, and optic neuropathy.
	視力檢查(含眼壓) Visual Acuity(including intraocular pressure)	☆	☆	☆	☆	☆	視力、辨色力、眼壓 Check visual acuity, color blindness, and eyeball pressure.
耳鼻 喉科 ENT	耳、鼻、喉科檢查 ENT (Ear, Nose, and Throat) Examination	☆	☆	☆	☆	☆	耳、鼻、喉之炎症反應及腫瘤、鼻中膈彎曲、鼻息肉等 Check external ear, ear canal, eardrum, nasal cavity nasal septum, tonsil, pharynx, and larynx. Check for infection, tumor, deviated nasal septum, and nasal polyp, etc.
	鼻咽內視鏡檢查 Nasopharynx Endoscopic Examination			☆	☆	☆	可偵測鼻腔、鼻咽部及喉部腫瘤 Check for nasopharyngeal and laryngeal tumor.
呼吸 系統 Pulmonary Function	※胸腔X光檢查對於某些區域或微小型病灶敏感度不高，可配合低劑量肺部電腦斷層提高診斷效果 ※Chest x-ray and lateral view of chest x-ray are not sensitive to lesions in some areas and small lesions in lung. Low dose CT examination could increase the sensitivity of lung cancer detection.						
	胸部正面X光 Chest X-Ray, PA View	☆	☆	☆	☆	☆	肺結核、肺炎、肋膜積水、支氣管擴張、心臟肥大、肺腫瘤 Pulmonary TB, pneumonia, pleural effusion, bronchiectasis, emphysema, cardiomegaly, lung tumor.
	胸部側位X光 Chest X-Ray, Lateral View	☆	☆	☆	☆	☆	可篩檢出少數在胸部正面X光無法顯現之病變 An auxiliary examinaiton to the ordinary chest x-ray.
婦科 檢查 Gynecologic Examination	子宮、卵巢超音波(含會診) Sonography of Uterus, Ovary, and Adnexal Structures	△	△	△	△	△	子宮、卵巢及附屬器官組織是否正常 Check for presence of uterine, ovarian and adnexal abnormalities.
	子宮頸抹片檢查(含會診) Pap Smear	△					子宮頸炎、子宮頸糜爛及子宮頸癌 Evaluate cervicitis, cervical erosion, and cervical cancer.
	薄層抹片 Liqui PREP Pap Smear		△	△	△	△	採用特殊採樣刷及特殊液態保存瓶，可將醫師採集的細胞數100%的收集到瓶內，提高子宮頸癌篩檢準確性。 Use a specially designed brush and a special preservative solution to collect more samples, which increases the accuracy of cervical cancer detection.

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婦科 檢查 Gynecologic Examination	子宮頸癌病毒:人類乳突病毒 (HPV)基因定型晶片檢查 Cervical Cancer Risk Assessment: Human Papillomavirus (HPV) Test			△	△	△	可偵測是否有HPV感染併鑑別出數十種HPV的感染基因型。 配合薄層抹片可以大幅提升子宮頸癌篩檢的準確性。 An exam for HPV will assess risk for cervical cancer. Over 10 types of HPV's can be detected. HPV test and Liqui PREP Pap smear together increase the accuracy of evaluating cervical cancer.
乳房檢查 Breast Examination	二選一 choose one from below 乳房超音波 或 乳房X光攝影 Breast Ultrasound or Mammography	△					【乳房超音波】可偵測出在臨床上乳房觸診不到之乳房腫瘤、囊腫、纖維腺瘤等 【Breast Ultrasound】To evaluate any tumor, cyst, fibroadenoma, etc. which cannot be detected by palpation.  【乳房X光攝影】可偵測出在臨床上觸診不到之乳房顯微鈣化點 (可自費\$NT1,600元升等3D數位乳房立體多切面攝影) 【Mammography】To evaluate any microcalcification which cannot be detected by palpation. (You can pay extra \$NT 1,600 for upgrading to advanced mammography, i.e. 3D Breast Tomosynthesis.)
	二選一 choose one from below 乳房超音波 或 3D數位乳房立體多切面攝影 Breast Ultrasound or 3D Breast Tomosynthesis		△	△	△	△	【乳房超音波】可偵測出在臨床上乳房觸診不到之乳房腫瘤、囊腫、纖維腺瘤等 【Breast Ultrasound】To evaluate any tumor, cyst, fibroadenoma, etc. which cannot be detected by palpation.  【3D數位乳房立體多切面攝影】一次採集多筆不同角度之乳房影像，更清楚完整呈現乳房樣貌，提高緻密乳房的乳癌偵測率，偵測早期病變的不正常陰影及辨識原位癌中之微小鈣化點 【3D Breast Tomosynthesis】Collect multiple breast images at different angles at one time, more clearly present the breast appearance, improve the breast cancer detection rate of dense breasts, detect abnormal shadows of early lesions and identify tiny calcifications in carcinoma in situ.
男性泌尿科 檢查 Male Urological Examination	男性荷爾蒙：睪固酮 Testosterone	▲	▲	▲			睪固酮為主要的男性荷爾蒙之一，可評估男性荷爾蒙的老化程度。男性荷爾蒙在30歲以後逐年減少，40歲以後降低速度可能加快，若失衡可能會造成疲憊、焦慮、失眠、性慾下降、情緒不穩等症狀 Testosterone is one of the main male hormones. Male hormones decrease year by year after age 30. After 40 years old, the rate of decrease may accelerate. If imbalanced, it may cause symptoms such as fatigue, anxiety, insomnia, decreased sexual desire, and emotional instability.
	男性荷爾蒙：活性睪固酮 Free Testosterone	▲	▲	▲			游離睪固酮為具有高度生物活性的男性荷爾蒙，搭配睪固酮檢驗，更能明確評估體內男性荷爾蒙老化程度。其數值與不良生活型態、不佳飲食習慣或情緒、壓力、睡眠等均有關聯 Free testosterone is a highly biologically active male hormone. Compare with testosterone test is more clearly assess the degree of hormone aging. The values are related to lifestyles, unhealthy eating behaviors or mood, stress, sleep, etc.
心血管系統 Cardiovascular System	靜心電圖 Resting ECG (or EKG)	☆	☆	☆	☆	☆	心律不整、心肌肥大、心肌缺氧、傳導異常等 To detect : (1) Cardiac arrhythmia (2) Cardiomegaly (3) Myocardial ischemia (4) Conduction defect, etc.
	動脈硬化儀 (CVSD) Cardiovascular Screening Device for arterial stiffness and obstruction	▲	▲	▲	☆	☆	瞭解動脈硬化狀況與下肢動脈是否有阻塞情形 To assess arteriosclerosis and check if there is any lower extremity artery disease.
	十年心血管風險評估 Framingham Risk Score	☆	☆	☆	☆	☆	利用身體基本資料、過去病史、檢驗資料、預測10年內發生心血管疾病的風險，適合35~74歲者 Based on basic body information, past history, test data to predict Framingham risk in 10 years, which is used for 35~74 years old.

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心血管系統 Cardiovascular System	【心血管病變危險因子檢驗】 Cardiovascular Risk Factors						
	三酸甘油脂 (TG) Triglyceride	☆	☆	☆	☆	☆	(1)血脂代謝異常 (2)冠狀動脈疾病、粥狀動脈硬化風險之評估
	總膽固醇(T-CHOL) Total Cholesterol	☆	☆	☆	☆	☆	(3)潛在性心臟血管病變危險因子 (4)體內異常發炎
	高密度脂蛋白膽固醇 (HDL-C) High-Density Lipoprotein Cholesterol	☆	☆	☆	☆	☆	(1)Hyperlipidemia (2)Atherosclerosis (3)Cardiovascular risk factors (4)Evaluate vascular inflammation
	低密度脂蛋白膽固醇 (LDL) Low-Density Lipoprotein Cholesterol	☆	☆	☆	☆	☆	
	極低密度脂蛋白 (sdLDL)				☆	☆	SdLDL因體積小、易氧化造成斑塊及血管硬化，有「超壞膽固醇」別稱，是易誘發心血管硬化的危險因子。 此檢測為前瞻性的心血管硬化預測指標。可深度瞭解膽固醇「品質」好壞，作為評估動脈粥樣硬化、腦中風、急性心肌梗塞風險的參考指標。 SdLDL is more likely to cause plaques or vascular sclerosis because of its small size. This test is a prescient index for Cardiac sclerosis. It can deeply understand the quality of cholesterol, which can evaluate the risk of Atherosclerosis, stroke, Acute myocardial infarction.
	心臟血管疾病危險因數(T-chol/HDL) Total Cholesterol to HDL Ratio	☆	☆	☆	☆	☆	(1)血脂代謝異常 (2)冠狀動脈疾病、粥狀動脈硬化風險之評估
	高敏度C反應蛋白(HS-CRP) High Sensitivity C-Reactive Protein	☆	☆	☆	☆	☆	(3)潛在性心臟血管病變危險因子 (4)體內異常發炎
	同半胱胺酸 Homocysteine	☆	☆	☆	☆	☆	(1)Hyperlipidemia (2)Atherosclerosis (3)Cardiovascular risk factors (4)Evaluate vascular inflammation
	脂蛋白 ( a ) (Lp(a)) Lipoprotein(a)	☆	☆	☆	☆	☆	
纖維蛋白原 Fibrinogen	☆	☆	☆	☆	☆		
消化系統 Digest System	腹部超音波 (肝、膽、腎、胰、脾、門靜脈) Abdominal Sonography: Liver, Gallbladder, Kidneys, Pancreas, Spleen, Portal Vein	☆	☆	☆	☆	☆	肝、膽、腎、胰、脾臟等器官結構是否正常 Diseases and structural abnormalities of liver, gallbladder, kidneys, pancreas and spleen.
	糞便檢查:潛血(Occult Blood) 免疫法 (EIA) Fecal Occult Blood	☆	☆	☆	☆	☆	大腸直腸癌篩檢 Screening test for colon cancer.
肝臟檢查 Liver System	【肝臟功能檢驗】 Liver Function						
	血清總蛋白 Total Protein	☆	☆	☆	☆	☆	膽道疾病、肝炎、肝功能異常、肝硬化症、營養狀態 Check for disease of biliary tract, hepatitis, abnormal liver function, liver cirrhosis, etc.
	血清白蛋白 Albumin	☆	☆	☆	☆	☆	
	血清球蛋白(Globulin)	☆	☆	☆	☆	☆	
	白蛋白/球蛋白比率(A/G)	☆	☆	☆	☆	☆	
	直接膽紅素 Direct Bilirubin	☆	☆	☆	☆	☆	
	總膽紅素 Total Bilirubin	☆	☆	☆	☆	☆	
	鹼性磷酸酵素 (ALK-P) Alkaline Phosphatase	☆	☆	☆	☆	☆	
	麩草酸轉胺酵素(SGOT(AST)) Serum Glutamic Oxaloacetic Transaminase	☆	☆	☆	☆	☆	
	麩丙酮酸轉胺酵素(SGPT(ALT)) Serum Glutamate Pyruvate Transaminas	☆	☆	☆	☆	☆	
	丙醯基轉氨酶(GGT) Gamma Glutamyl Transpeptidase	☆	☆	☆	☆	☆	
	【病毒性肝炎標記】 Serology						
	B型肝炎表面抗原 (HBsAg)	☆	☆	☆	☆	☆	B型肝炎感染狀態 Hepatitis B (HBV) carrier status.
	B型肝炎表面抗體 (Anti-HBs)	☆	☆	☆	☆	☆	是否具B型肝炎之免疫力 Immunity to HBV.
	C型肝炎抗體 (Anti-HCV)	☆	☆	☆	☆	☆	C型肝炎感染狀態 Hepatitis C carrier status.

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內分泌代謝系統 Endocrine and Metabolic System	維生素D Vitamin D	☆	☆	☆	☆	☆	檢測體內維生素D含量是否足夠 To evaluate the lack of vitamin D.
	鋅(Zn) Zinc		▲	☆	☆	☆	檢測體內鋅含量是否足夠 To evaluate the lack of zinc.
	【糖尿病檢驗】Diabetes Tests						
	飯前血糖 AC Sugar	☆	☆	☆	☆	☆	評估血糖代謝能力、糖尿病診斷 To evaluate the metabolic capability of blood sugar and the diagnosis of diabetes.
	飯前胰島素 AC Insulin	☆	☆	☆	☆	☆	瞭解空腹時胰臟分泌胰島素的情形，以輔助診斷糖尿病 To evaluate insulin production by the pancreas during fasting to assist in the diagnosis of diabetes.
	糖化血色素 (HbA1c) Hemoglobin A1c	☆	☆	☆	☆	☆	最近 3 個月之血糖平均值，可評估血糖變化趨勢 To show the average level of blood sugar over the previous 3 months.
	胰島素抗性指數 (HOMA-IR Index)	☆	☆	☆	☆	☆	可評估胰島素穩定血糖的能力，瞭解是否有胰島素阻抗情形，做為評估糖尿病風險的依據 To evaluate the ability of insulin to regulate blood sugar and determine if there is insulin resistance. This can be used to assess the risk of diabetes.
	【甲狀腺功能檢驗】Thyroid Function						
	游離三碘甲狀腺素 (Free T3) Free Triiodothyronine	☆	☆	☆	☆	☆	甲狀腺機能亢進症或甲狀腺機能低下症 Check for Hyperthyroidism or Hypothyroidism.
	游離甲狀腺素 (Free T4) Free Thyroxine	☆	☆	☆	☆	☆	
	甲狀腺促素 (TSH) Thyroid-Stimulating Hormone	☆	☆	☆	☆	☆	
	【甲狀腺結構檢查】Thyroid Structural						
	甲狀腺超音波 Thyroid Sonography	▲	☆	☆	☆	☆	瞭解甲狀腺是否腫大、有無腫瘤、甲狀腺炎、甲狀腺結節之大小及形態 For detection of goiter, thyroid cancer, thyroiditis, and assessment of thyroid nodule.
骨骼系統 Skeletal System	腰椎側位X光 Lumbar Spine X-Ray	☆	☆	☆	☆	☆	椎間盤狹窄、脊柱滑脫、退化性關節病變、骨刺 Evalutate the L-spine structure and disease.
	腹部X光 (KUB) Abdominal X-Ray	☆	☆	☆	☆	☆	結石、骨刺、椎體壓迫性骨折 Evaluate the bony struture and soft tissue of abdomen.
	骨質密度檢查(BMD)-腰椎+髖骨與骨質流失指標(CTX) Bone Mineral Density Scan - Lumbar Spine + Hip Joint and CTx Test		☆	☆	☆	☆	BMD主要偵測腰椎及髖關節部位之骨質密度，對年輕人可瞭解骨本建立是否健全，對年紀較大的人可評估目前骨質密度是否有缺乏狀況 To evaluate the bone mineral density over the lumbar spine and femoral neck. Teenagers can check if the bone is healthy and elderly can check if there is any lack of bone mineral density .  CTX為骨質分解的最後產物，對偵測骨質流失具有特異性，通常與BMD配合診斷 CTX test is a blood test measures the amount of degraded bone product circulating in the bloodstream. The result is usually associated with BMD scan result to evaluate bone density.
腫瘤標記 篩檢 Tumor Markers Screening	※輔助篩檢腫瘤，但仍需配合其它檢查。包括內視鏡、超音波、核磁共振、電腦斷層或正子掃描等；腫瘤標記數值也可能在非腫瘤疾病有升高現象。 ※Tumor markers may be used to help detect cancer. However, in order to confirm the diagnosis, other examination is necessary such as endoscopy, sonography, MRI, CT, PET, etc; Abnormal tumor marker level could occur in non-neoplastic diseases.						
	甲型胎兒蛋白 (AFP) (肝臟) Alpha-Fetoprotein	☆	☆	☆	☆	☆	肝腫瘤、生殖腺腫瘤 Liver tumor, reproductive organ tumor.
	癌性胚胎抗原 (CEA) (腸胃道、肺腺體) Carcinoembryonic Antigen	☆	☆	☆	☆	☆	消化系統腫瘤、肺癌 Digestive system tumors, lung cancer, etc.
	攝護腺抗原 (PSA) (適男性) Prostate Specific Antigen (Applicable to Male)	▲	▲	▲	▲	▲	攝護腺腫瘤 Prostate tumor.
	婦女生殖器 (CA125) (適女性) Cancer Antigen 125 (Applicable to Female)	△	△	△	△	△	卵巢及其它婦女生殖器腫瘤 Ovarian tumor and other female reproductive system tumor.
	乳癌 (CA15-3) (適女性) Cancer Antigen 15-3 (Applicable to Female)	△	△	△	△	△	乳房腫瘤 Breast tumor.

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腫瘤標記 篩檢 Tumor Markers Screening	鼻咽癌篩檢 (EBV-IgA) Epstein-Barr Virus Antibody-IgA	☆	☆	☆	☆	☆	鼻咽癌 Nasopharyngeal cancer.
	胰臟癌篩檢 (CA19-9) Cancer Antigen 19-9	☆	☆	☆	☆	☆	胰臟癌、肺癌、胃癌、大腸癌、直腸癌及腹腔腫瘤等 Pancreatic tumor and intra- abdominal organ tumors.
	抗SCC腫瘤標記 Squamous Cell Carcinoma Antigen	☆	☆	☆	☆	☆	子宮頸鱗狀上皮癌、肺癌、頭頸部腫瘤 Cervical and lung cancer, head and neck tumor, etc.
	細胞角質蛋白 (CYFRA 21-1) Cytokeratin Fragment 21-1			☆	☆	☆	肺部非小細胞癌的參考指標 Evaluation of non-small cell lung cancer.
泌尿腎臟 系統 Urinary System	【腎臟功能檢驗】Renal Function						
	血中尿素氮 (BUN) Blood Urea Nitrogen	☆	☆	☆	☆	☆	可評估腎功能及是否有腎衰竭、尿毒症等 To evaluate renal function, and to detect renal failure, uremia, etc.
	肌酸酐(Creatinine) Creatinine-Serum	☆	☆	☆	☆	☆	
	尿酸 Uric Acid	☆	☆	☆	☆	☆	高尿酸血症 To detect hyperuricemia.
	腎絲球過濾率 (eGFR) Estimated Glomerular Filtration Rate	☆	☆	☆	☆	☆	評估腎臟功能異常之指針 To detect signs of kidney function abnormality.
	微量白蛋白(尿液) Microalbumin-Urine	☆	☆	☆	☆	☆	
	肌酸酐(尿液) Creatinine-Urine	☆	☆	☆	☆	☆	
	微量白蛋白/肌酐酸(尿液) (ACR) Microalbumin / Creatinine Ratio (ACR)	☆	☆	☆	☆	☆	
	【尿液檢驗】Urinalysis						
	外觀 Appearance	☆	☆	☆	☆	☆	(1) 蛋白尿、腎病症候群 (2) 泌尿道感染 (3) 糖尿病、黃疸 (4) 血尿  (1) Proteinuria, nephrotic syndrome, (2) Urinary tract infection, (3) Diabetes, jaundice, (4) Hematuria
	比重、酸鹼度、尿膽素原、尿蛋白、尿糖、酮尿、膽紅素、潛血、白血球、亞硝酸鹽 Sspecific Gravity, pH Value, Urobilinogen, Protein, Glucose, Ketone Body, Bilirubin, Occult Blood, WBC, Nitrite	☆	☆	☆	☆	☆	
	沉渣:紅血球、白血球、表皮細胞、圓柱體 Sediment: RBCs, WBCs, Epithelial Cells, Casts	☆	☆	☆	☆	☆	
血液 常規檢驗 Blood Routine	白血球 (WBC) White Blood Cell	☆	☆	☆	☆	☆	篩檢貧血、發炎、感染疾病、白血病、血小板數目異常 To check Anemia, inflammation, infected disease, leukemia, quantitative platelet disorder.
	白血球分類 (DC) WBC Differential Count	☆	☆	☆	☆	☆	
	紅血球 (RBC) Red Blood Cell	☆	☆	☆	☆	☆	
	血紅素(Hb) Hemoglobin	☆	☆	☆	☆	☆	
	血球容積(HCT) Hematocrit	☆	☆	☆	☆	☆	
	血小板 Platelet	☆	☆	☆	☆	☆	
	平均紅血球容積(MCV) Mean Corpuscular Volume	☆	☆	☆	☆	☆	
	平均血球血紅素(MCH) Mean Corpuscular Hemoglobin	☆	☆	☆	☆	☆	
	平均血球血紅素濃度(MCHC) Mean Corpuscular Hemoglobin Concentration	☆	☆	☆	☆	☆	
	鐵蛋白(Ferritin)	☆	☆	☆	☆	☆	檢測體內含鐵量，評估是否有缺鐵性貧血，或鐵質攝取過量、及體內炎症反應 To check iron storage and to evaluate the lack of iron deficiency anemia, chronic illness and chronic inflammation

## 聯安診所健康檢查專案

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類別 Items	檢 查 項 目 Examination Items	A	B				C	D	E	可 瞭 解 症 狀 Information
電解質檢驗 Electrolyte Tests	鈉(Na <sup>+</sup> ) Sodium	☆	☆				☆	☆	☆	各種電解質異常 Electrolytes abnormalities.
	鉀(K <sup>+</sup> ) Potassium	☆	☆				☆	☆	☆	
	氯(Cl <sup>-</sup> ) Chloride	☆	☆				☆	☆	☆	
	鈣(Ca <sup>2+</sup> ) Calcium	☆	☆				☆	☆	☆	
身心檢測 Psychosomatic Medicine	自律神經儀(心率變異度分析) Heart rate variability		▲				☆	☆	☆	利用心率變異度分析，評估壓力及生活型態、免疫異常對自律神經系統的影響 To evaluate the effect of pressure,lifestyle, and dysimmunity to autonomic nervous system.
	身心健康評量 Psychosomatic Questionnaire							☆	☆	藉由科學化、標準化的測驗，分析壓力適應、焦慮、憂鬱和睡眠品質指數，並提供書面建議，讓您掌握自我照顧的方向 Evaluation of personal mental health status. This check item is designed for Taiwanese only. The health consultant will provide alternative item for foreigners.
專業項目 Advanced Options			Choose one of the following							
			GI	CV	Immunology	Sleep				
	Option 1. 【 腸胃 】 Gastrointestinal Examination									
	胃蛋白酶原檢測 Pepsinogen	二選一 Choose One from These Two								透過血液中胃蛋白酶原相關指數，輔偵測胃黏膜分泌功能、是否有萎縮等情形，可作為胃黏膜健康指標，並可進一步評估是否有胃癌風險 Analyzing pepsinogen in the blood can help understand the secretion function of the gastric mucosa, and whether there is atrophy. It also serves as a risk indicator for gastric cancer.
	胃幽門桿菌呼氣檢測 Urea Breath Test									可瞭解胃內是否有幽門桿菌感 To detect H.pylori infection.
	無痛胃鏡 Gastroscopy under anesthesia		☆				☆	☆	☆	食道、胃、十二指腸之腫瘤、潰瘍、發炎、息肉、糜爛 Esophagitis, gastritis, duodenitis, or polyp, ulcer, tumor of the upper GI tract.
	無痛大腸鏡 Colonoscopy under anesthesia		☆				☆	☆	☆	痔瘡、息肉、腫瘤、潰瘍、發炎、憩室 Hemorrhoids, polyp, tumor, ulcer, colitis, diverticulum.
	Option 2. 【 心血管檢項 】 Cardiovascular System Examination									
	頸動脈超音波 Carotid Ultrasound			☆			☆	☆	☆	瞭解供應腦部血流的頸動脈有無粥樣硬化斑塊及血管狹窄等異常 To evaluate the patency of carotid artery and risk for cerebrovascular disease.
	心臟超音波 Echocardiography(2D, M-mode,Doppler, Color Doppler, Tissue-Doppler,etc.)			☆			☆	☆	☆	可瞭解心臟是否有擴大、瓣膜問題、先天性心臟病、心肌梗塞或心臟腫瘤等問題 To evaluate the heart size, valvular abnormalities , congenital heart defects, myocardial infarction, tumor, etc.
	運動心電圖 Cardiac Stress Test(Exercise ECG)			☆			▲	▲	▲	在心臟負荷量逐漸增加時，瞭解是否有冠狀動脈疾病或運動時心律不整狀況 To evaluate coronary arterial disease, arrhythmia, and physical fitness capability.
	ApoA1			☆			☆	☆	☆	脂蛋白ApoA1和ApoB常用於臨床評估心血管疾病風險。ApoA1可代表體內好膽固醇功效；ApoB則可能代表生成壞膽固醇的風險因子，是很具參考價值的心血管硬化風險預測指標。 ApoA1 and ApoB is commonly used for evaluate the risk of cardiovascular diseases. ApoA1 is for cholesterol effect and ApoB is for cholesterol risk factors. Both of them are the index of cardiac cirrhosis risk prediction.
	ApoB			☆			☆	☆	☆	
	ApoB/ApoA1比值			☆			☆	☆	☆	

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類別 Items	檢 查 項 目 Examination Items	A	B				C	D	E	可 瞭 解 症 狀 Information
專業項目 Advanced Options			Choose one of the following							
			GI	CV	Immunology	Sleep				
	Option3.【功能醫學檢項】 Functional Medicine									
	224項慢性+急性過敏源分析 Food Allergy Profile (224 items)				☆			☆	☆	評估免疫系統與食物、環境的相容狀況。依文獻指出約60-80%人口對食物會引發不良反應，而發炎反應與皮膚炎、濕疹、氣喘、過動、注意力不集中、慢性腸胃炎、慢性疲勞、自體免疫疾病、頭痛、頭暈、腸漏症等相關。 To evaluate the immune reactions with some environment factors and foods. According to medical literature, around 60%-80% of the population has adverse effect toward food. The overt immunity may related with skin rash or eczema or dermatitis、asthma、allergan rhinitis、fatigue、dizziness、headache、edema、attention disorder and irritable bowel disorder.
	全套女性荷爾蒙併腎上腺壓力皮質分析 Comprehensive Female Hormone Profile +Adrenocortex Stress Profile					△		△	△	評估女性荷爾蒙的老化程度與壓力及抗壓力荷爾蒙是否平衡，並了解個人雌激素之代謝路徑。荷爾蒙不平衡或代謝不佳與骨質代謝、脂肪代謝、認知情緒疲勞、免疫功能及婦科癌症風險均有相關 Evaluate the degree of aging of female hormones and whether stress and anti-stress hormones are balanced, and understand the metabolic pathways of individual estrogens. Hormonal imbalance or poor metabolism is associated with bone metabolism, fat metabolism, cognitive and emotional fatigue, immune function, and gynecological cancer risk.
	全套男性荷爾蒙併腎上腺壓力皮質分析 Comprehensive Male Hormone Profile +Adrenocortex Stress Profile					▲		▲	▲	評估男性荷爾蒙的老化程度與壓力及抗壓力荷爾蒙是否平衡。與慢性疲勞症候群、更年期障礙、認知與情緒、心血管疾病、免疫功能不佳等各種慢性疾病及攝護腺癌症風險均有相關性 Evaluate the degree of aging of male hormones and whether stress and anti-stress hormones are balanced. Correlation with various chronic diseases such as chronic fatigue syndrome, menopausal disorders, cognition and mood, cardiovascular disease, and poor immune function, and prostate cancer risk.
	血管內皮功能評估 Angeial Endothelium Evaluation							▲	▲	根據國人十大死因統計，心腦血管相關疾病佔其中的四項，包括心臟病、糖尿病、腦血管疾病和高血壓，都與血管內皮健康有關。評估與血管內皮細胞功能有關的各類指標，包括：同半胱氨酸、葉酸、維生素B12、一氧化氮的前驅物-精胺酸等，提供血管健康評估。 According to ten leading causes of death in Taiwan, cardiovascular and cerebrovascular-related diseases account for four of them, including heart disease, diabetes, cerebrovascular disease and hypertension, all of which are related to vascular endothelium health. Assess various indicators related to vascular endothelial cell function, including: homocysteine, folic acid, vitamin B12, arginine, etc., to provide vascular health evaluation.
	Option 4.【影像醫學檢項】 Medical Imaging Examination									
	肺部低輻射電腦斷層攝影 Low Dose Lung CT Scan								☆	低劑量肺部電腦斷層非侵入性檢查，適用於早期肺癌篩檢，可偵測出微小病灶，提高肺癌偵測 The low dose lung CT scan is a noninvasive medical examination to detect small lesions in lung, which helps to screening the lung caner at an early stage.
	心臟冠狀動脈鈣化指數分析 Coronary Calcium Scoring						二選一 Choose One from These Two	二選一 Choose One from These Two	☆	為非侵入性亦無需注射顯影劑，數分鐘即可拍出精細的高階影像檢查。以超快速電腦斷層取像、重組計算，可瞭解心臟冠狀動脈鈣化程度，若指數愈高，冠狀動脈狹窄機率愈高，可藉此評估心肌梗塞風險 An non-invasive method that snaps three-dimensional pictures of the coronaries and reveals how much calcium lines a person's arteries. The higher one's score, the more calcium there is and the more diseased the artery. Contrast injection is not required.
	腫瘤癌症磁振造影MRI Tumor Cancer MRI								☆	包含頭、頸、胸、上腹、骨盆腔、頸椎、胸椎、腰椎八大部位磁振造影檢查（每0.5-1公分掃描一張影像） Includes MRI examination for eight major areas: head, neck, chest, upper abdominal, pelvic cavity, cervical vertebra, thoracic vertebra, and lumbar vertebra (one scanned image per 0.5-1.0 centimeter).



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類別 Items	檢 查 項 目 Examination Items	A	B				C	D	E	可 瞭 解 症 狀 Information
專業項目 Advanced Options			Choose one of the following							
			GI	CV	Immunology	Sleep				
	Option 5:【睡眠檢測】 Sleep monitoring									
	新世代心肺耦合睡眠檢測(CPC) New generation in sleep monitoring by cardiopulmonary coupling					☆				1.睡眠期間的相關重要生理資訊的監測及記錄分析 Monitoring and recording analysis of relevant important physiological information during sleep. 2.完整報告: 深度了解睡眠不良症狀, 例如如失眠、淺眠、睡眠呼吸中止等狀況, 並由醫師建議後續療程Complete report : Monitoring of poor sleep quality during the night, such as insomnia, light sleep, sleep apnea and other conditions, and doctors recommendation for further treatment. ※ 已通過FDA、CFDA、TFDA醫療認證 The detector is approved by the FDA, CFDA, and TFDA. ※ 檢測器大小僅5公分, 配戴方便, 不干擾睡眠The size of the detector is only 5cm, which is convenient to wear and does not interfere with sleep. ※ 檢測器配戴於胸前, 全程可居家完成, 無須前往睡眠中心 The detector is worn on the chest and can be completed at home.
專業諮詢 Professional consulting	醫師解說報告 Explanation of Data	☆	☆				☆	☆	☆	醫師一對一諮詢, 解說當日健檢報告 A certified Internist or Family Physician will analyze the data and advise accordingly.
	營養師飲食諮詢 Diet Consulting	☆	☆				☆	☆	☆	營養師依據個人健康報告結果及需求, 給予生活飲食指導 Nutritionist will give diet advice based on personal health check result and needs.
加值服務 Value Added service	低渣飲食代餐包 Meal Replacement of the Low Residue Diet						☆	☆	☆	替代腸鏡檢查前一天飲食, 可提高腸鏡檢查的清潔度 Replace the three meals of the day before colonoscopy to improve the cleanliness of colonoscopy.
	低碳五彩蔬食餐 Low carbohydrates colorful vegetable meal	☆	☆				☆	☆	☆	資深營養師及蔬食主廚精心設計, 配合現代人飲食習慣, 提供高纖營養、五行五色、有機無毒、低碳環保的美味健康餐點 Designed by dietitian and chef. Combine with modern people's eating habits, provide high-fiber nutrition, five colors, organic non-toxic, low-carbohydrates and environmentally friendly delicious healthy meals.
	健檢後諮詢服務 Health management services after health check	☆	☆				☆	☆	☆	健康管理中心醫護團隊依據個別化需求, 提供後續【醫療協助、報告諮詢、日常營養保健】等服務 The Health Management Center provides follow-up medical assistance, report consultation, daily nutrition and health care services according to individual needs.
	雲端健檢報告 Cloud health check report	☆	☆				☆	☆	☆	提供書面及電子兩種形式的健檢報告, 雲端隱私絕對保密並可永久保存, 更有圖表比對歷年報告, 隨時隨地方便取用 Provide medical reports in both written and electronic form. It also has a chart comparison report, which is easy to access anytime, anywhere.
	尊榮服務 VIP Service								☆	健檢流程尊榮禮遇、專屬服務人員全程帶領、主任級醫師報告解說 Exclusive service staff lead the whole process, Senior doctor explanation report.
健檢費用(NTD)		\$24,600	\$39,600				\$52,600	\$75,600	\$124,600	

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